



FALL SEASON CLASS DESCRIPTIONS & DRESS CODE

TUTU LEVEL CLASS OFFERINGS FOR AGES 2.5-5 YEARS OLD

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Tutu Ballet/Tumble
45 minute class
Ages 2.5-4.5 (Use age as of first class)
Level 1: Ages 2.5-3.5
Level 2: Ages 3.5-4.5

For the first 30 minutes of class students will practice the basic elements of creative movement and basic ballet. The children will be encouraged to expand their movement vocabulary through movement games and creative exploration of time, weight and space. Basic ballet concepts such as 1st and 2nd positions, pli  and releve will be introduced. The last 15 minutes will be spent on tumbling skills such as somersaults, cartwheels and strengthening. Students must be potty trained for this class.

What to Wear

It is recommended students wear pink leotard with ballet skirt, pink footed tights and pink leather ballet slippers with no drawstring. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black leather ballet slippers.

Tutu Ballet Plus Tap
45 minute class
Ages 3-5 (Use age as of first class)
Level 1: Ages 3-4
Level 2: Ages 4-5

What to Wear

It is recommended students wear pink leotard with ballet skirt, pink footed tights and pink leather ballet slippers with no drawstring and black velcro tap shoes. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black leather ballet slippers and black tap shoes.

STARLET LEVEL CLASS OFFERINGS FOR AGES 5-7 YEARS OLD

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Starlet Triples Ballet/Tap/Jazz
75 minute class
Ages 5-7 (Use age as of first class)
Level 1: Ages 5-6
Level 2: Ages 6-7

In this class, students will get a taste of three genres of dance: ballet, tap and jazz. Ballet positions, as well as basic ballet vocabulary are taught along with floor exercises, simple steps and correct posture. A greater emphasis on musicality and rhythm is encouraged. Jazz will be introduced using upbeat "kid friendly" music. Basics such as isolations, jazz squares, pivots will be taught. Tap will build upon basic steps and rhythms.

What to Wear

It is recommended students wear blue leotard with ballet skirt, pink footed tights and pink leather ballet slippers with no drawstring and black velcro tap shoes. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black leather ballet slippers and black tap shoes.

Starlet Hip Hop
45 minute class
Ages 5-7 (Use age as of first class)

This class serves as an introduction to hip hop dance for the younger student. Hip-hop focuses on rhythm, musicality and basic footwork. It is a great way to get kids moving!

What to Wear

Students may wear comfortable clothing such as shorts, yoga pants, t-shirt or tank top. Hair should be pulled back neatly. Students should wear sneakers (no black soles please) for this class. Specific shoes, such as Converse sneakers, will be required at recital time based on the costume chosen for your dancer's class.

Starlet Musical Theater
45 minute class
Ages 5-7 (Use age as of first class)
What to Wear

Musical theater class consists of acting games, voice exercises, dance, improvisation, performing and more! By the end of the season, your dancer will learn so much about the world of theater and will walk away feeling like a Broadway star!

What to Wear

It is recommended students wear a leotard, tights, dance shorts and ballet slippers or jazz oxfords. Hair should be pulled back neatly in a bun or ponytail. It is recommended the gentlemen wear black bottoms, pants or shorts, white T, and jazz oxfords.

PRIMA LEVEL CLASS OFFERINGS
FOR AGES 7-12 YEARS OLD

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Prima Ballet
60 minute class
Ages 7-12 (Use age as of first class)
Level 1: Ages 7-9
Level 2-4: Ages 9-12

This class will cover the fundamentals of classical ballet technique. It is a more formal setting that will give students the discipline to mature as dancers. The importance of strength, flexibility, rhythm, musicality, and memorization will be stressed. Basics of performing will be introduced.

What to Wear

It is recommended students wear black leotard with ballet skirt, pink or tan footed or convertible tights and pink leather ballet slippers with no drawstring. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black leather ballet slippers.

Prima Contemporary
30 minute class
Ages 7-12 (Use age as of first class)
Level 1: Ages 7-9
Level 2-4: Ages 9-12

This class is in the style of So You Think You Can Dance. Contemporary combines ballet and jazz techniques. Class will focus on strong rhythmic connection, isolations, levels and spatial awareness.

Must be taking Ballet to take this class.

What to Wear

It is recommended students wear black leotard with ballet skirt and pink or tan convertible tights. Students will be bare foot for this class. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and bare feet.

Prima Jazz
60 minute class
Ages 7-12 (Use age as of first class)
Level 1: Ages 7-9
Level 2-4: Ages 9-12

Jazz dance is a fun and energetic style. The class includes a warm-up with stretching, isolations, strengthening exercises and then moves across the floor to work on turns, leaps, jumps and runs. Each class ends with a fast-paced combination.

What to Wear

It is recommended students wear black leotard with black shorts, tan or pink footed or convertible tights and tan jazz oxfords. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black jazz oxfords.

Prima Tap
60 minute class
Ages 7-12 (Use age as of first class)
Level 1: Ages 7-9
Level 2-4: Ages 9-12

Tap classes are designed to develop rhythm, style and sound. Students will learn a variety of tap styles from Broadway to Rhythm tap. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun. As students' progress through each level curriculum will become increasingly more complex and intricate.

What to Wear

It is recommended students wear black leotard with black shorts, tan or pink footed or convertible tights and tan tap oxfords. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black tap oxfords.

Prima Hip Hop
60 minute class
Ages 7-12 (Use age as of first class)
Level 1: Ages 7-9
Level 2-4: Ages 9-12

In this class, students will learn the fundamentals of hip-hop movement. It is an upbeat and high-energy class! Stretching, isolations, rhythms, musicality, upper body strength and funky footwork will all be incorporated. Students will learn to memorize choreography by working on a combination each class.

What to Wear

Students may wear comfortable clothing such as shorts, yoga pants, t-shirt or tank top. Hair should be pulled back neatly. Students should wear sneakers (no black soles please) for this class. Specific shoes, such as Converse sneakers, will be required at recital time based on the costume chosen for your dancer's class.

Prima Musical Theater
60 minute class
Ages 7-12 (Use age as of first class)
What to Wear

Musical theater class consists of acting games, voice exercises, dance, improvisation, performing and more! By the end of the season, your dancer will learn so much about the world of theater and will walk away feeling like a Broadway star!

What to Wear

It is recommended students wear a leotard, tights, dance shorts and ballet slippers or jazz oxfords. Hair should be pulled back neatly in a bun or ponytail. It is recommended the gentlemen wear black bottoms, pants or shorts, white T, and jazz oxfords.

NEXT LEVEL CLASS OFFERINGS
FOR AGES 13-15 YEARS OLD



Ballet
60 minute class
Ages 13-15 (Use age as of first class)

This class will cover and build upon the fundamentals of classical ballet technique. It is a more formal setting that will give students the discipline to mature as dancers. The importance of strength, flexibility, rhythm, musicality, and memorization will be stressed. Basics of performing will be introduced.

What to Wear

It is recommended students wear black leotard with ballet skirt, pink or tan footed or convertible tights and pink leather ballet slippers with no drawstring. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black leather ballet slippers.

Contemporary
60 minute class
Ages 13-15 (Use age as of first class)

This class is in the style of So You Think You Can Dance. Contemporary combines ballet and jazz techniques. Class will focus on strong rhythmic connection, isolations, levels and spatial awareness. Must be taking Ballet to take this class.

What to Wear

It is recommended students wear black leotard with ballet skirt and pink or tan convertible tights. Students will be bare foot for this class. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and bare feet.

Jazz
60 minute class
Ages 13-15 (Use age as of first class)

Jazz dance is a fun and energetic style. The class includes a warm-up with stretching, isolations, strengthening exercises and then moves across the floor to work on turns, leaps, jumps and runs. Each class ends with a fast-paced combination.

What to Wear

It is recommended students wear black leotard with black shorts, tan or pink footed or convertible tights and tan jazz oxfords. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts) and black jazz oxfords.

Hip Hop
60 minute class
Ages 13-15 (Use age as of first class)

In this class, students will learn the fundamentals of hip-hop movement. It is an upbeat and high-energy class! Stretching, isolations, rhythms, musicality, upper body strength and funky footwork will all be incorporated. Students will learn to memorize choreography by working on a combination each class.

What to Wear

Students may wear comfortable clothing such as shorts, yoga pants, t-shirt or tank top. Hair should be pulled back neatly. Students should wear sneakers (no black soles please) for this class. Specific shoes, such as Converse sneakers, will be required at recital time based on the costume chosen for your dancer's class.